Career Development Checklists



sophomore year

Your career development began before you arrived at the university and will continue your entire life.

Now is the time to gain important skills that will sustain you in this development. There are many factors that contribute to your career success, and Career Services is here to help you identify and develop them while you are at the university. Our career advisors have identified five aspects of career development and recommend goals for you to accomplish during each year of your education at ASU. Use these guidelines as a template and adapt them to your specific circumstances. Use our checklist to measure your progress toward developing your own career plan.

SELF ASSESSMENT

- ____Inventory your career interests, skills and values by completing a self-directed assessment in AZCIS or KUDER. Consider asking a career advisor about other assessments.
- ____Review the major map for your major and work with your academic advisor to identify elective courses that are relevant to your prospective career choice. Enroll in a survey course to enhance the understanding of your career of interest.

OCCUPATIONAL RESEARCH

- ____Attend a career fair which provides information on different career areas and the opportunity to talk with professionals in that field.
- Conduct numerous informational interviews to get advice on how to prepare for your career of interest and gain insight into what it is like to work in this field.

CAREER DECISION MAKING

____ldentify career goals. Continue to plan your course of study, identify volunteer opportunities and target internships in areas relevant to your career interests for which you can apply.

sun devil careerlink

ASU Career Services offers an excellent Web employment management system, Sun Devil CareerLink. Search degree-related job vacancies and internships, upload your resumes for recruiting employers to view, schedule on-campus interviews, and see who's recruiting at our career events throughout the year.

networking now

Sometimes the best resources for exploring careers are the people around you. Who are the people in your community doing interesting work? Maybe the friends of people you know have jobs that you like. Talking with instructors and professors is another great way to find out what people in their field do. A network can grow quickly; now is the time to start cultivating your own.

GAIN AND EVALUATE EXPERIENCE

____Participate in university clubs or organizations to gain experiences in your field of interest.

JOB SEARCH STRATEGY

- Attend a resume writing workshop presented by Career Services and follow the guidelines to draft a resume that highlights your education and experience.
- ____Register for Sun Devil CareerLink to access the schedule of upcoming career events that can help you develop a deeper awareness of your chosen career.

career services

asu.edu/career